



Schuyler Community Schools
Warrior Wellness Committee Meeting
Tuesday, February 24, 2015 7:15 AM
Warrior Wellness Committee Meeting @ SMS Conference Room
120 W. 20th St.
Schuyler, NE 68661-2400

I. Discussion Items

Wellness Warriors 2014-2015

Schuyler Community Schools

Chair- Carol Reha- SMS, Preschool, Rural

Vice Chair- Pat Knutson- SMS

Sec/Treas Paula Kment -SMS

Human Resources- Marlene Hartman-SCHS

Members:

Shari Freeman-SES, Darli Vrba-SES, Paula Kment SMS, Sue Steffenmeier-SMS, Bonnie Zrust-SCHS, Laurie Novacek-SMS, Elizabeth James SES, Tami Wilshusen SMS, Deb Gonsior-Fishers, Tessa Jacobsen-SES- new member

Agenda for Tuesday 2/24/2015

Meeting at 7:15 AM in the SMS Tech Conference room- NE wing of school

We are eligible to apply for the:

Governors Award of Excellence in Wellness!!

We will discuss the application what we need to do to complete it:

!) Award level- Sower Award for business with 50 or more employees

2) Certification is valid for 3 years

3)The application is done online, due Mid May-

we must have done 2 rounds of PHA's and have at least 50% return rate- WE HAD 68-70%!

4) We need to submit a Community Involvement section- I will need your input. It means company participation in philanthropic events.

WE have done: Make A Wish, Salvation Army Bellringing each Christmas, Teamates-9 mentors are staff members, Jump Rope for Heart at SES, Please bring more ideas!

5)This will be presented at the Wellness conference in Kearney in Sept.

Next meeting _____

Be Well!

Carol