



Schuyler Community Schools
Warrior Wellness Committee
Friday, March 28, 2014 3:30 PM
Warrior Wellness Committee Meeting @ SMS
401 Adam Street
Schuyler, NE 68661-2400

I. Discussion Items

Wellness Warriors 2013-2014

Schuyler Community Schools

Chair- Carol Reha- SMS, Preschool, Rural

Vice Chair- Pat Knutson- SMS

Sec/Treas Laurie Schlautman-SES
SCHS

Human Resources- Marlene Hartman-

Members:

Shari Freeman-SES
Kment SMS

Darli Vrba-SES

Nancy Johannes SES

Paula

Sue Steffenmeier-SMS
Novacek-SMS

Jayne Hlavac-SCHS

Bonnie ZrustSCHS

Laurie

Shalimi Meier- SES

Elizabeth James SES

Agenda 2/28/2014

Members in Attendance:

Carol Reha, Marlene Hartman, Shari Freeman, Sue Steffenmeier, Bonnie Zrust, Shalomi Meier

Minutes 3/28/2014

Two new Wellness Warriors have joined our team!

Deb Gonsior- Fishers

Tami Wilshusen- SMS

* If anyone else is interested please let me know!

Mt Everett Fitness Challenge will begin April 1. A T-shirt will be mailed to those participating.

The Summer Program will be Safety First running June 1-30, info will be handed out soon!

Biometric Screenings will be held next school year on Nov 26,2014. The site is to be determined.

- Biometric screening, BP, Ht, WT, BMI, finger stick, Cholesterol, blood glucose, results immediately available.
- Vascular screening – Vascular studies of aorta, carotids, extremities.

We need to have a Wellness sendoff closing program at the Staff Curriculum day on May 19th. Start thinking of fun, creative ways to help our staff have a safe, healthy summer!!!!

Next meeting****Will be held on Friday May 9th at 3:00 pm at SMS conference room.- please try to attend as this will be our planning meeting for the send-off!!!!